



#### **COURSE INFORMATION**

The St John Advanced Resuscitation course is a course designed for experienced first aiders who use specific equipment and often work in higher risk environments. This course develops advanced skills for providing life support and focuses on the use of oxygen delivery systems and in-depth knowledge and skill in the use of Automated External Defibrillators (AED).

This course also covers the skills and knowledge required to use specialised equipment in the provision of resuscitation and oxygen therapy in line with the Australian Resuscitation Council (ARC) guidelines.

# **ENTRY REQUIREMENTS**

For participants interested in enrolling in this course:

- Must provide a valid Unique Student Identifier (USI) at the time of enrolment.
- For courses with pre-learning, access to a reliable device (e.g., computer, laptop, or smart phone) connected to the internet is required.
- Must complete pre-learning before coming to class as topics covered in pre-learning are not covered in the classroom.
- Must be able to perform CPR on a manikin on the floor for 2 minutes.

## **PREREQUISITE**

Participants are required to undertake or present evidence for HLTAID011 Provide First Aid prior to commencing HLTAID015 Provide advanced resuscitation and oxygen therapy.

#### PARTICIPANT COHORT

Participants are drawn from across the Australian community as first aid is considered an important life skill. The course attracts participants who may be required to utilise specialised equipment to provide resuscitation in a range of complex situations.

Participants include individuals enrolled in programs where first aid is a necessary component (e.g., medical and nursing courses) or an integral part of the curriculum (e.g., enrolled nursing and sports programs).



## COURSE DURATION AND DELIVERY MODES

St John offers the following options:

- 1 day face to face workshop: This is full face to face course and participants are required to attend the full day.
- **5 hours (face to face workshops with pre-work):** This is face to face course and with online prework. Participants are required to undertake online e-learning module prior to attending the face-to-face workshop for practice and assessment.
- **Assessment only:** The assessment only option will particularly suit participants who regularly apply resuscitation skills and engage in ongoing learning about resuscitation.

## **COURSE OUTLINE**

This course covers the following topics among others:

- DRSABCD action plan
- Infection control
- Automated External Defibrillation (AED)
- Soft bag resuscitation
- Administration of oxygen
- Oxygen delivery systems
- Oxygen therapy and resuscitation
- Oropharyngeal airway

- Bag valve mask (BVM)
- Legal and other requirements
- Cardiopulmonary resuscitation
- Anatomy and physiology
- Assessment of vital signs
- Levels of consciousness
- Suction equipment
- Maintenance of resuscitation equipment

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## **CERTIFICATE**

On successful completion of this course, you will be issued a statement of attainment in:

- HLTAID009 Provide cardiopulmonary resuscitation
- HLTAID015 Provide advanced resuscitation and oxygen therapy

St John Ambulance advises, in accordance with The Safe Work Australia model Code of Practice: First Aid in the Workplace and the guidelines of the Australian Resuscitation Council, first aid skills are renewed every 3 years and resuscitation skills are renewed every 12 months.

#### **ASSESSMENT METHODS**

A successful outcome for this statement of attainment will be determined by a range of different methods including written assessment, observation of simulated and practical activities etc.

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### **LOCATIONS**

St John delivers first aid courses nationally and across many locations in Australia. Choose the location to suit your needs.

- PUBLIC (at a venue near you)
- CUSTOMISED (on-site consultation)
- ONSITE (at a venue of your choice)
- ONLINE (training delivered online from our e-Learning platform)

## **DELIVERY BY ST JOHN'S THIRD PARTIES**

St John Ambulance Australia's courses are delivered by way of third-party arrangements (e.g., with State or Territory St John Ambulance organisations). Our third-party agents deliver nationally accredited training and assessment on behalf of St John Ambulance Australia Ltd. (TOID 88041). Contact details for St John's third-party organisations are available from <a href="https://www.stjohn.org.au">www.stjohn.org.au</a> or call 1300 ST JOHN.

#### PARTICIPANT HANDBOOK

Download the *Participant's Handbook* from <u>www.stjohn.org.au</u> for more information about completing a course with St John Ambulance Australia. This includes information about complaints, appeals and privacy information.

We actively tailor training to meet the needs of people from diverse backgrounds and abilities and encourage all to apply.

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For more information on this course, contact the Training Office in your area 1300 ST JOHN (1300 785 646) <u>WWW.STJOHN.ORG.AU</u>